

LITTLE STRETTON TO STIPERSTONES TIME TRIAL ON FOOT

REGISTRATION FORM - 17 NOVEMBER 2019

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Solo		Tick if competing solo – then complete and sign the form below for Name 1 only OR
Pair		Tick if competing as a pair – then complete and sign the form below in both Names 1 & 2

Name 1 *(solo competitor or first of a pair). Please write legibly.*

Male?	<i>or</i>	Female?	Club <i>(if any)</i>
SOLO CATEGORIES PLEASE CIRCLE: Senior, V40, V50, V60, V70.			

Name 2 *(i.e. only if participating as a pair). Please write legibly.*

Male?	<i>or</i>	Female?	Club <i>(if any)</i>
CIRCLE IF UNDER 17 Junior			

Contact telephone number *(for use only in connection with this event – i.e. in emergency or if you win a prize)*

RULES: The purpose of the following rules is to preserve the spirit of fair competition, to promote safety and to avoid causing nuisance.

- ⊛ Choose your own route but you must observe the Country Code and respect property. Do not cross fields where a path does not exist.
- ⊛ When using roads observe the Highway Code and behave responsibly toward all other road users. Take particular care when approaching horses.
- ⊛ If crossing the Stiperstones Nature Reserve do so only at recognised access points and keep to existing paths.
- ⊛ Compete solo or as a declared team of two; a team must start and finish together.
- ⊛ A team/pair must start and finish together.
- ⊛ Minimum age for a solo competitor is 17 years on the day; younger competitors must be in a team of two with a partner who is at least 17 years.
- ⊛ Take all precautions to ensure your own safety; weather-proof clothing, map, whistle and sustenance must be carried.
- ⊛ You must report to the Finish.
- ⊛ Take part only if you accept that you do so with responsibility for your actions and involvement and if you accept that you do so at your own risk.

I have read, understood and accept the Rules of the event. I am aware of and accept the natural and normal risks inherent in this event and as a willing participant, I recognise that I am responsible for my own actions and involvement. I understand that my participation requires me to be self-reliant.

Signed
(Name 1)

Signed
(Name 2 of a pair)