



**LITTLE STRETTON TO STIPERSTONES  
TIME TRIAL ON FOOT  
REGISTRATION FORM - 25 NOVEMBER 2018**

*Leave this box blank*

<b>Solo</b>		<i>Tick if competing solo – then complete and sign the form below for Name 1 only</i> <b>OR</b>
<b>Pair</b>		<i>Tick if competing as a pair – then complete and sign the form below in both Names 1 &amp; 2</i>

**Name 1** *(solo competitor or first of a pair). Please write legibly.*

<b>Male?</b>	<i>or</i>	<b>Female?</b>	Club <i>(if any)</i>
Age Yrs. on 25/11/2018			

**Name 2** *(i.e. only if participating as a pair). Please write legibly.*

<b>Male?</b>	<i>or</i>	<b>Female?</b>	Club <i>(if any)</i>
Age Yrs. on 25/11/2018			

**Contact** telephone number *(for use only in connection with this event – i.e. in emergency or if you win a prize)*

**RULES:** The purpose of the following rules is to preserve the spirit of fair competition, to promote safety and to avoid causing nuisance.

- ⊛ *Choose your own route but you must observe the Country Code and respect property. Do not cross fields where a path does not exist.*
- ⊛ *When using roads observe the Highway Code and behave responsibly toward all other road users. Take particular care when approaching horses.*
- ⊛ *If crossing the Stiperstones Nature Reserve do so only at recognised access points and keep to existing paths.*
- ⊛ *Compete solo or as a declared team of two; a team must start and finish together.*
- ⊛ *A team/pair must start and finish together.*
- ⊛ *Minimum age for a solo competitor is 17 years on the day; younger competitors must be in a team of two with a partner who is at least 17 years.*
- ⊛ *Take all precautions to ensure your own safety; full body waterproofs , map, whistle, warm hat, mobile phone (if available) and sustenance should be carried.*
- ⊛ *You must report to the Finish.*
- ⊛ *Take part only if you accept that you do so with responsibility for your actions and involvement and if you accept that you do so at your own risk.*

I have read, understood and accept the Rules of the event. I am aware of and accept the natural and normal risks inherent in this event and as a willing participant, I recognise that I am responsible for my own actions and involvement. I understand that my participation requires me to be self-reliant.

Signed  
*(Name 1)*

Signed  
*(Name 2 of a pair)*